

# HOW DO I IDENTIFY nmCRPC PATIENTS?



## MEET MAURICE

**2004 AGE: 60**

**History:** No family history of cancer  
**Interests:** Enjoys tennis and walking his dog

**Diagnosed with Gleason score 9 locally advanced PC**

2004–2006: Remission achieved with ADT + IMRT  
2006–2011: Remission continued without ADT

This case is not based on actual patient.



**2013 AGE: 69**

Maurice's PSA rises after remission



- PSA rise to >4 ng/ml

**Conventional imaging:**  
no metastases



**2017 AGE: 73**

Maurice's PSA begins to rise despite ADT given for BCR



- Castrate testosterone
- PSA progression to >8 ng/ml despite ADT
- PSADT: 11 months

**Conventional imaging:**  
**Bone scan:** no metastases  
**CT scan:** no metastases but positive for local recurrence and small lymph nodes in pelvis

## IS THIS nmCRPC<sup>1-6</sup>?

Castrate testosterone

PSA progression despite ADT

Negative conventional imaging for metastases

Castrate testosterone

PSA progression despite ADT

Negative conventional imaging for metastases

### THIS IS NOT nmCRPC

Rising PSA levels following radiation or surgery for localized disease is known as a **biochemical recurrence**.

### THIS IS nmCRPC

**RISK OF DISEASE PROGRESSION**

## MAURICE HAS nmCRPC WHAT DO I NEED TO MONITOR?

Monitoring PSA levels is key to identifying patients who are at high risk of progression.

A PSA doubling time of  $\leq 10$  months is indicative of a high-risk nmCRPC patient<sup>3-5, 7-10</sup>.

For more information about calculating PSADT, please contact your local Bayer rep.

**HIS PSADT IS NOW 5 MONTHS**

**THIS IS HIGH-RISK nmCRPC**

**RISK OF DISEASE PROGRESSION**

## WHAT DO THE GUIDELINES RECOMMEND FOR TREATMENT?

Major guidelines recommend AR inhibitor therapy for patients with high-risk nmCRPC. Therefore, Maurice is eligible for these treatments.

**NCCN Guidelines Version 2.2021<sup>10</sup>**

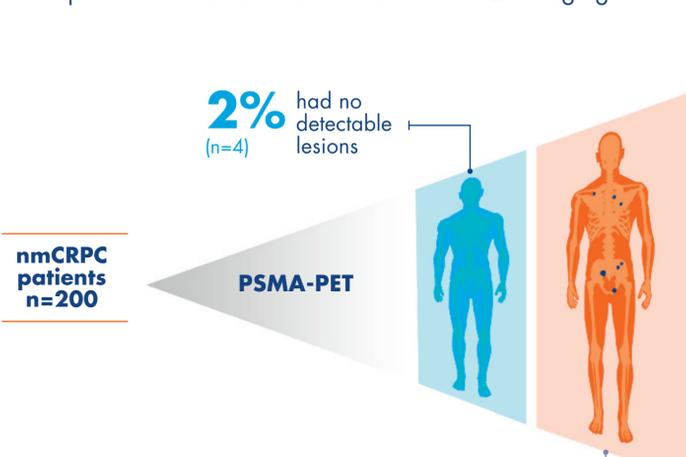
**Systemic therapy for nmCRPC**

PSADT  $\leq 10$  months → Preferred regimens:

- Apalutamide (category 1)
- Darolutamide (category 1)
- Enzalutamide (category 1)

## WHAT IF MAURICE IS POSITIVE FOR METASTASES ON PSMA-PET?

Fendler et al<sup>11</sup>. demonstrated that the large majority of patients defined as nmCRPC by conventional imaging are likely to be positive for micrometastases on PSMA-PET imaging.



**These patients are still eligible for AR inhibitor therapy because the nmCRPC population is defined as negative for metastases on conventional imaging.**

## MY nmCRPC CHECKLIST

**CHARACTERISTICS OF nmCRPC<sup>1-5</sup>**

Castrate levels of testosterone

PSA progression despite ADT

Negative conventional imaging for metastases

**Monitor PSA levels**

**Eligibility for therapy:**

- Must be high-risk nmCRPC (PSADT  $\leq 10$  months)
- Positive PSMA-PET imaging = still eligible

For questions about identifying patients who are eligible for therapy, please contact your local sales rep.

### Abbreviations

ADT, androgen-deprivation therapy; AR, androgen receptor; IMRT, intensity-modulated radiation therapy; nmCRPC, nonmetastatic castration-resistant prostate cancer; PSA, prostate-specific antigen; PSADT, prostate-specific antigen doubling time; SmPC, Summary of Product Characteristics

### References

1. Kirby M, Hirst C & Crawford E D, *Int J Clin Pract* 2011;65:1180–1192; 2. Mateo J, Fizazi K, Gillessen S, et al. *Eur Urol* 2019;75(2):285–293; 3. Smith MR, Saad F, Chowdhury S, et al. *N Engl J Med* 2018;378:1408–1418; 4. Hussain M, Fizazi K, Saad F, et al. *N Engl J Med* 2018;378:2465–2474; 5. Fizazi K, Shore N, Tammela T L, et al. *N Engl J Med* 2019;380:1235–1246; 6. Paller CJ, Antonarakis ES. *Clin Adv Hematol Oncol* 2013;11(1):14–23; 7. Smith MR, Kabbanivar F, Saad F, et al. *J Clin Oncol* 2005;21(13):2918–2925; 8. Howard LE, Moreira D M, De Hoet A, et al. *BJU Int* 2017;120(5B):E80–E86; 9. Saad F, Bögermann M, Suzuki K & Shore N, *Prostate Cancer Prostatic Dis* 2021; doi: 10.1038/s41391-020-00310-3 [Epub ahead of print]; 10. NCCN Clinical Practice Guidelines in Oncology [NCCN Guidelines]<sup>®</sup>. Prostate Cancer. v1. 2021; 11. Fendler W, Weber M, Irvani A, et al. *Clin Cancer Res* 2019;25(24):7448–7454

**NUBEQA® (darolutamid) 300 mg** filmdrasjerte tabletter. ATC-nr: L02B B06 **Indikasjoner:** Til behandling av voksnemenn med ikke-metastatisk, kastrasjonsresistent prostatakreft (nmCRPC), som har høy risiko for å utvikle metastatisk sykdom. **Dosering:** Anbefalt dose er 600 mg (2 tabletter à 300 mg) 2 ganger daglig, tilsv. total daglig dose 1200 mg. Medisinsk kastrasjon med GnRH-analog skal fortsette under behandling hos pasienter som ikke er kirurgisk kastrert. **Kontraindikasjoner:** Overfølsomhet for virkestoffet eller noen av hjelpestoffene (laktose). **Kirurgeri:** Sikkerhet er ikke fastslått ved kardiovaskulær sykdom de siste 6 månedene. Ved forskrivning skal pasienter med klinisk signifikant kardiovaskulær sykdom behandles for disse tilstandene iht. fastsatte retningslinjer. Ved risikofaktorer for QT-forlengelse i anamnesen og ved samtidig bruk av legemidler som kan forlenge QT-intervallet, skal nytte-/risikoforholdet vurderes, inkl. potensialet for torsades de pointes, for oppstart med darolutamid. Pasienter skal overvåkes med hensyn til bivirkninger av BCRP-, OATP1B1- og OATP1B3-substrater, fordi samtidig administrering av darolutamid kan øke plasmakonsentrasjonen av disse substratene. Samtidig administrering av rosuvastatin bør unngås, med mindre det ikke finnes andre behandlingsoptimaliteter. **Bivirkninger:** Svært vanlige ( $\geq 1/10$ ) Fatigue/asteni/tilstander, redusert antall nøytrofile, økt bilirubin, økt ASAT. Vanlige ( $\geq 1/100$ ,  $< 1/10$ ) Iskemisk hjertesykdom og hjertesvikt, utslett, smerte i ekstremitet, muskler og skjelett. **Basert på SPC godkjent av SLV/EMA: 10/2020.** Konsulter preparatomtalen (SPC) for mer informasjon **Pakninger og priser:** 112 stk. (blister) AUP 46.636,30NOK **Varenr:** 063426. **R.gr. C, H-resept** For oppdaterte priser se; [www.felleskatalogen.no](http://www.felleskatalogen.no) **Kontaktinformasjon:** Bayer AS, Drammensveien 288, NO-0283 OSLO, Postboks 193, 1325 Lysaker. Tlf:+47 23 13 05 00, Faks: +47 23 13 05 01, [www.bayer.no](http://www.bayer.no) **▼** Dette legemiddelet er under spesiell overvåking for å oppdage ny sikkerhetsinformasjon så raskt som mulig. Du kan bidra ved å dele enhver mistenkt bivirkning via [relis.no](http://relis.no)

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